

# Lydia Kalmen

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607-759-3652

AEA

SAG-AFTRA

www.lkalmen.com

**Height 5'6"**

**Weight 115**

**Hair Blonde**

**Eyes Blue**

## **Film & Television**

The Dark Offerings	Supporting	Dir. Marcus Slabine
Janice and the Golden Fleece	Supporting	Dir. Marcus Slabine
Hiding	Supporting	Dir. Katy Frame
Letting Go	Lead	Dir. Ryun Montenegro
It's Complicated	Lead	Dir. Christian Ocampo
La Justice des Femmes	Supporting	Dir. Patricia White
Loneliness Lonely	Lead	Dir. Ana Solano
The Haunting Of	Guest Star	Lifetime Movie Network
Bento Box	Day Player	Dir. Sami Masaki

## **Theatre**

As You Like It	Phebe	The Playroom Theater
Our Last Night on Earth	Katherine	NY Winterfest
Manfred	Spirit of the Stars	The Davenport Theatre
The Spyglass Seven	Elizabeth Ellet	I'ntl Edgar Allan Poe Festival
Change Partners	Mona	Manhattan Repertory Theatre
12 Angry Women	Juror 10	Elektra Theatre
Measure 4 Measure	Guard/Prostitute/Nun	Shetler Studios
In Your Dreams	Addie	NY Summerfest
Being Sipowicz	Evelyn Abernathy	21st Black Box New Play Festival

## **Training**

Scene Study Sam Borowski's Acting Workshop  
One on One Infusionarts  
Audition/Scene Study Shirley Beth Newbury  
Scene Study for Film and Television Jennifer Peralta-Ajemian

## **Skills**

Accents (Southern, British)  
Dance (Ballet, Jazz, Modern), Soprano Singer, Boogie Boarding, Blood Curdling Scream

